

# Podcasting 101

## How can I listen to podcasts?

On your computer:

Window Media Player: <http://www.microsoft.com/windows>

RealPlayer: <http://www.real.com>

QuickTime: <http://www.apple.com/quicktime>

iTunes: <http://www.apple.com/itunes>

On the go:

iPod: <http://www.apple.com>

iRiver: <http://www.iriver.com>

Rio: <http://digitalnetworksna.com/rioaudio>

Zen: <http://www.creative.com>



## What is a podcast?

Basically it is a radio show that you distribute through the internet.



## Ready to get started?

Audacity: free audio editor and recorder  
<http://audacity.sourceforge.net/>

**So you wanna play music but you don't wanna get sued?**

Podsafe Music Network  
<http://music.podshow.com/>



## Where can I find podcasts?

<http://odeo.com/>

<http://www.apple.com/itunes/store/podcasts.html>

<http://www.podscope.com/>

